

## Trains to Milford

Leave Clunderwen at:

### Monday-Saturday

05.18 from Carmarthen  
06.26 from Carmarthen  
08.06 from Cardiff  
10.20 from Crewe  
12.06 from Manchester  
14.05 from Manchester  
  
16.08 from Manchester  
18.20 from Manchester  
20.13 from Manchester  
22.27 from Manchester  
23.38 from Manchester (to  
Hwest only on sat)

### Sunday

12.31 from Newport  
14.28 from Carmarthen  
16.26 from Manchester  
18.38 from Manchester  
20.41 from Manchester  
(20 minutes later from March 29<sup>th</sup>)  
22.33 from Cardiff

### Weekend travel

At weekends, especially on Sundays, engineering work sometimes causes trains to be retimed, and occasionally a bus may be substituted for part of the journey. Please check with National Rail Enquiries 08457 48 49 50 or [www.nationalrail.co.uk](http://www.nationalrail.co.uk).

### Buses via Clunderwen station serve:

223 Efailwen, Hebron, Glandwr (Jones motors) Wed only  
391 Efailwen, Glandy Cross (Jones motors) Thur only  
430 Efailwen, Glandy Cross, Hermon, Crymych, Blaenffos, Boncath, Cilgerran, Penybryn, Cardigan (Richards Bros) Mon-Sat

For further details of bus times, consult the Pembrokeshire County Council bus timetable or phone one of the numbers on the back of this leaflet.

### Taxi firms serving Clynderwen

The following firms operate in the area:

- Narberth taxis 01834 861601
- TP 01834 860297

Clunderwen is six minutes from Whitland, if you wish to phone for a taxi as your train leaves Whitland.

Or text the word 'CAB' to 83222 to receive a text with the three nearest licensed cab numbers to your CURRENT LOCATION.

**Preseli Rural Transport Association** and their Green Dragon Connect service will meet the trains in Clynderwen on Tuesdays, Thursdays and Saturdays and will transport people from their homes to the station or vice versa if they live in the Taf Valley area of Pembrokeshire/Carmarthenshire. They can be contacted on 0845 686 0242.

## How to catch the train

- Clunderwen station is situated in the middle of the village by the railway bridge. It has an extensive car park on the north side of the railway (trains heading east). If picking up or setting down friends, you can drive right to the platform entrance on either side of the railway.
- Buses stop on the main road.
- You can buy a ticket for your whole rail journey in advance or from the conductor on the first train you catch.
- The booking office at Haverfordwest station is open from early morning until lunchtime on weekdays, and can supply advance purchase tickets.
- Rail agents, Milford Travel in Charles Street, Milford and Activity Wales, Narberth Road, Haverfordwest can also make advance bookings for you, or you can use the internet.
- Clunderwen is a request stop for trains. At Johnston, Clarboston Road, Clunderwen, Ferryside, Kidwelly and Gowerton trains only stop by request. If you want to leave the train at one of these stations, let the guard know when you start your journey. If you want to board the train at one of these stations give a hand signal to the driver in good time, as the train approaches.

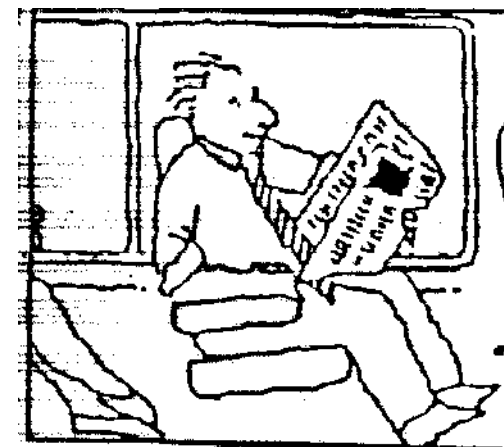
### Useful telephone numbers and web sites

National Rail enquiries 08457 48 49 50  
[www.nationalrail.co.uk](http://www.nationalrail.co.uk)  
Arriva Trains Wales 0845 606 1650  
[www.arrivatrainswales.co.uk](http://www.arrivatrainswales.co.uk)  
Pembrokeshire County Council for local bus information 01437 764551  
Traveline for other bus info 0870 608 2 608  
First Cymru 0870 608 2608  
[www.firstgroup.co.uk](http://www.firstgroup.co.uk)  
Activity Wales, 01437 766888  
Silcox buses 01646 683143  
[www.silcoxcoaches.co.uk](http://www.silcoxcoaches.co.uk)  
Richards Brothers 01239 613 756  
[www.richardsbros.co.uk](http://www.richardsbros.co.uk)  
Jones motors 01437 563 277  
  
Preseli Rural Transport Association 0845 686 0242  
[www.greendragonbus.co.uk](http://www.greendragonbus.co.uk)

# CLUNDERWEN RAIL GUIDE

Winter 2008/9

14<sup>th</sup> December 2008 - 16<sup>th</sup> May 2009



*Get out of traffic  
And into training!*

Your station now has an excellent, regular interval train service giving access to the UK rail network. Every two hours you can catch a through train to Manchester. A single change at Cardiff will get you to London and many other useful places. A second change will take you almost anywhere in the UK. It is probably a lot faster than you think, and cheaper than the papers would have you believe. Eleven trains each week day serve your station in both directions. Inside this brief guide you will find all the details.

## Trains to Carmarthen and beyond

### Monday-Saturday

00.44 to Ca'then (not Mon)

06.33 to Manchester

07.33 to Manchester

09.38 to Manchester

11.38 to Manchester

13.38 to Manchester

15.38 to Manchester

17.39 to Cardiff

19.38 to Crewe(Hereford SO)

21.48 to Carmarthen

23.47 to Carmarthen

### Sunday

14.04 to Manchester

16.03 to Manchester

18.05 to Manchester

20.05 to Carmarthen

22.06 to Cardiff  
(25 mins later from March 29<sup>th</sup>)

23.44 to Carmarthen

All trains run to Manchester Piccadilly, unless shown, and normally call at Whitland, Carmarthen, Pembrey and Burry Port, Llanelli, Swansea, Neath, Port Talbot, Bridgend, Cardiff Central, Newport, Cwmbran, Abergavenny, Hereford, Leominster, Ludlow, Craven Arms, Church Stretton, Shrewsbury, Crewe, Wilmslow and Stockport. (*Stations in italics are request stops.*)

By changing once or twice, access to most of the UK is yours, and changing trains is usually straightforward.

For	Change at
Heart of Wales line	Llanelli
London, Bristol, Salisbury, Portsmouth, Birmingham and North Wales	Cardiff or Newport
South West England	Cardiff and Bristol T.M.
North East England	Cardiff and Bristol Pkwy
Scotland and North West England	Crewe
South East England	Cardiff and London

### Typical journey time to:

- Carmarthen	23mins	- Portsmouth	6hrs 19mins
- Swansea	1hr 05mins	- Carlisle	7hrs 02mins
- Cardiff	2hrs 09mins	- Newcastle	7hrs 57mins
- Newport	2hrs 25mins	- Penzance	8.5hrs
- Cardiff Airport	2hrs 44mins	- Glasgow	8hrs 17mins
- Bristol	3hrs 13mins	- Edinburgh	8hrs 46mins
- London	4hrs 22mins	- Aberdeen	11.5hrs
- Heathrow	4hrs 47mins	- Inverness	12.5hrs
- Manchester	5hrs 35mins		

**Currency of information:** Under an EEC directive, a new train timetable is produced each June and December. In the UK, times of trains generally change in May(for summer) and September(for winter)! Today's general service pattern is franchised until October 2018. But from time to time there will be detail changes. The latest version of this leaflet will be on the PRTA website at [www.pрта.org.uk](http://www.pрта.org.uk) from where you can print a copy. Always check train times with National Rail before you set out.

## Sample fares

Fares - a complex subject. Here are some samples to give you an idea of how far you can go with your money. They are correct at the time of writing, but fares tend to increase each year in line with inflation

**Standard day returns** (out any train, back any train same day as far as Newport), Carmarthen £7.10, Swansea £11.20, Cardiff £18.60, Newport £22.20. A day return is usually not much more than a single.

**Saver returns** (not available on certain trains, just turn up, buy ticket and return within a month), London £71, Bristol £33, Manchester £64, Penzance £92, Glasgow £142.

**Advance purchase** (various schemes - like APEX, Advance Purchase Excursion) can reduce price of return ticket dramatically, London £30, Bristol £22, Manchester £26, Basingstoke £29, Penzance £37 and Glasgow £57. These are probably the cheapest prices you will get. Ask at station or travel agent and book well in advance naming the train(s) on which you will travel, though some seats will not be available until a few weeks before the date of travel.

Pembrokeshire Rail Travellers Association (see box below) can supply a four page booklet giving more detail on fares, or you can go and talk to your local travel agent or surf the net.

This guide was produced by the Pembrokeshire Rail Travellers Association (PRTA) who have done their best but accept no responsibility for the accuracy of the information it contains.

The PRTA is a voluntary group working to improve transport in the county. Members receive six newsletters a year and information on train times and fares. If you would like to help us try to improve rail services, you can join us by sending your name, and email address and £4 (all PRTA material comes by email) or postal address and £7 (all PRTA material comes by post) to our membership secretary: Robert Best, 11 Warwick Road, Milford Haven SA73 2LP.

For more information on the PRTA, for further/latest copies of this guide, see [www.pрта.org.uk](http://www.pрта.org.uk)

Please notify any errors with the guide to Peter at [taberna@inn01.freeserve.co.uk](mailto:taberna@inn01.freeserve.co.uk)

The PRTA has neither the expertise nor the resources to produce a Welsh language version of this guide. Should any reader wish to volunteer a translation, we will happily include it on the web site.

- Technical material edited by Pembrokeshire Rail Travellers Association -  
- Typing by Taberna Inn Publications (Serving You)! -  
- Downloaded from PRTA website -

## Bargains

The **Pembrokeshire Railcard** can save you money on train fares, especially local journeys. It costs £5, lasts a year and entitles you to a third off the cost of savers and day returns as far as Swansea. So you can get to Carmarthen and back in a day for £4.80 and Swansea £7.50. You can buy your card at Milford or Haverfordwest station or at Milford Travel. If you have no rail card of any kind yet you will need to take two passport photos with you. Otherwise take your existing rail photocard.

**Group Wales** allows a group of between three and nine people to travel out and back together at "25 percent off the full price ticket". Arriva allows it on *standard day returns* from Pembrokeshire (all day Saturdays and Sundays, and after 9am Monday to Friday). Each of the group could therefore travel to Cardiff and back for £13.95. Just ask on the day.

If you are over 60, a **senior citizen railcard** may help you. It costs £24 for a year, but if you live in Pembroys you can claim back £12 from the County Council. It will give you a third off most tickets, but not Apex. Buy one from Milford or Haverfordwest station, Milford Travel or Council Offices at Haverfordwest or Llanion.

Other railcards which give a third off include **Young person's, Family, and Disabled persons railcard**.

If you travel out from Milford beyond Carmarthen, you can, should it prove more convenient return to Pembroke Dock and vice versa. This could be especially useful to those who start from Neyland.

For a train/walk day out, the **West Wales day ranger** costs £7.80 and allows you a day's unlimited travel (after 08.45 Mon-Fri, all day Sat/Sun) on all lines west of Carmarthen (to Milford, Pembroke Dock and Fishguard).

For small add-on to your rail ticket, **Plus bus** allows you 'unlimited' travel on buses in the area around your destination. The rules are all slightly different for each town, but plus-bus is available at Swansea, Neath, Port Talbot, Bridgend, Cardiff, Newport and Bristol. Phone Traveline Cymru on 0870 608 2 608.

For £6.60 adults and £4.40 children (£3.30 accompanied children) you can buy a **West Wales Rover ticket** which allows unlimited travel on buses (except 322) in Pembrokeshire, Carmarthenshire and Ceredigion for a day. Buy yours from the driver.

**And remember, everything can change at short notice, so please check times and fares before travelling.**