

## Trains from Haverfordwest

### Monday-Saturday

00.30 to Ca'then (not Mon)

06.20 to Manchester

07.20 to Manchester

09.25 to Manchester

11.25 to Manchester

13.25 to Manchester

15.25 to Manchester

17.25 to Cardiff

19.25 to Crewe(Hereford SO)

21.35 to Carmarthen

23.30 to Carmarthen

A further train leaves Clarboston Road at 02.10 for Swansea, with connections to London

### Sunday

13.50 to Manchester

15.50 to Manchester

17.50 to Manchester

19.50 to Carmarthen

21.50 to Cardiff  
(25 mins later from March 29<sup>th</sup>)

23.30 to Carmarthen

A further train leaves Clarboston Road at 02.10 for Swansea, with connections to London

All trains run to Manchester Piccadilly, unless shown, and normally call at *Clarboston Road, Clunderwen, Whitland, Carmarthen, Pembrey and Burry Port, Llanelli, Swansea, Neath, Port Talbot, Bridgend, Cardiff Central, Newport, Cwmbran, Abergavenny, Hereford, Leominster, Ludlow, Craven Arms, Church Stretton, Shrewsbury, Crewe, Wilmslow and Stockport.* (Stations in italics are request stops.)

By changing once or twice, access to most of the UK is yours, and changing trains is usually straightforward.

| For  | Change at                |
|--|--------------------------|
| Heart of Wales line  | Llanelli                 |
| London, Bristol, Salisbury, Portsmouth, Birmingham, N. Wales | Cardiff or Newport       |
| South West England   | Cardiff and Bristol T.M. |
| North East England   | Cardiff and Bristol Pkwy |
| Scotland and North West England                              | Crewe                    |
| South East England   | Cardiff and London       |

### Typical journey time to:

|                   |             |              |             |
|-------------------|-------------|--------------|-------------|
| - Carmarthen      | 36 mins     | - Portsmouth | 6hrs 32mins |
| - Swansea         | 1hr 20mins  | - Carlisle   | 7hrs 15mins |
| - Cardiff         | 2hrs 22mins | - Newcastle  | 8hrs 10mins |
| - Newport         | 2hrs 38mins | - Penzance   | 9hrs        |
| - Cardiff Airport | 2hrs 57mins | - Glasgow    | 8hrs 30mins |
| - Bristol         | 3hrs 26mins | - Edinburgh  | 9hrs        |
| - London          | 4hrs 35mins | - Aberdeen   | 12hrs       |
| - Heathrow        | 5hrs 00mins | - Inverness  | 13hrs       |
| - Manchester      | 5hrs 48mins |              |             |

**Currency of information:** Under an EEC directive, a new train timetable is produced each June and December. In the UK, times of trains generally change in May(for summer) and September(for winter)! Today's general service pattern is franchised until October 2018. But from time to time there will be detail changes. The latest version of this leaflet will be on the PRTA website at [www.pрта.org.uk](http://www.pрта.org.uk) from where you can print a copy. Always check train times with National Rail before you set out.

## How to catch the train

- Tickets from Fishguard beyond Carmarthen are valid for return to Haverfordwest or Clarboston Road, and vice versa.
- You can buy a ticket for your whole rail journey in advance or from the conductor on the first train you catch.
- Fishguard station has no railway booking office.
- The booking office at Haverfordwest station is open each weekday morning, from early until about 13.00 and can supply advance purchase tickets. If the booking office is open, you should buy a ticket before you board the train, or you will be charged full fare by the conductor.
- Clarboston Road station has no booking office
- Rail agents, Activity Wales, Narberth Road, Haverfordwest can also make advance bookings.
- Fishguard station has food and drink machines.
- Haverfordwest station has a large covered waiting area, and a buffet which is open every day from early until 4pm (2pm Sundays). There is also a Newsagents stall in the booking hall.
- Clarboston Road has a modern enclosed platform shelter, but no buffet or shop.
- At Johnston, Clarboston Road, Clynderwen, Ferryside, Kidwelly and Gowerton trains only stop by request. If you want to leave the train at one of these stations, let the guard know when you start your journey. If you want to board the train at one of these stations give a hand signal to the driver in good time, as the train approaches.

### Useful telephone numbers and web sites

National Rail enquiries 08457 48 49 50

[www.nationalrail.co.uk](http://www.nationalrail.co.uk)

Arriva Trains Wales 0845 606 1650

[www.arrivatrainswales.co.uk](http://www.arrivatrainswales.co.uk)

Pembrokeshire County Council for local bus information 01437 764551

Traveline for other bus info 0870 608 2 608

First Cymru 0870 608 2608

[www.firstgroup.co.uk](http://www.firstgroup.co.uk)

Milford travel, 01646 692268

Activity Wales, 01437 766888

Silcox buses 01646 683143

[www.silcoxcoaches.co.uk](http://www.silcoxcoaches.co.uk)

Richards Brothers 01239 613 756

[www.richardsbros.co.uk](http://www.richardsbros.co.uk)

Stena line 0870 570 7070

[www.stenaline.co.uk](http://www.stenaline.co.uk)

Pembrokeshire Community Transport (for information about Country Cars, etc.)

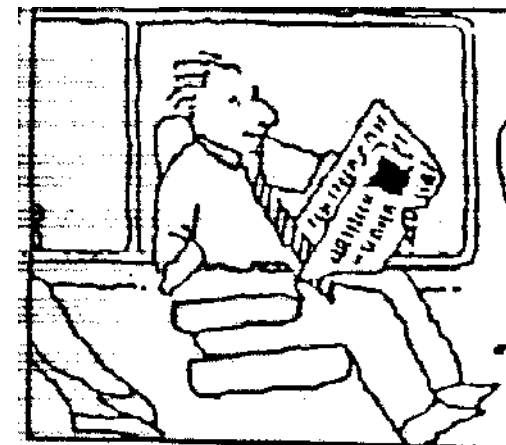
0800 783 1584

[www.pembrokeshiretransport.co.uk](http://www.pembrokeshiretransport.co.uk)

# FISHGUARD RAIL GUIDE

## Winter 2008/9

14<sup>th</sup> December 2008 - 16<sup>th</sup> May 2009



*Get out of traffic  
And into training!*

Fishguard station is served by just two trains a day, connecting at Fishguard with the ferries to Ireland (Contact Stena for fares and timings) and at Carmarthen, Swansea or Cardiff with trains to other UK destinations. Meanwhile, Haverfordwest has a two hourly train service to Manchester. A single change at Cardiff will get you to many other places. A second change will take you almost anywhere in the UK. It is probably a lot faster than you think, and cheaper than the papers would have you believe. Inside this brief guide you will find all the details. Trains from both Fishguard and Haverfordwest are listed in this brief guide.

**Trains from Fishguard Harbour**

## Sample fares

### Monday-Saturday

01.50 to Swansea  
13.27 to Cardiff

### Sunday

01.50 to Cardiff  
14.10 to Carmarthen

#### Weekend travel

At weekends, especially on Sundays, engineering work sometimes causes trains to be retimed, and occasionally a bus may be substituted for part of the journey. Please check with National Rail Enquiries 08457 48 49 50 or [www.nationalrail.co.uk](http://www.nationalrail.co.uk).

Fishguard Harbour station is at the sea end of the Quay, where the ferries from Ireland berth. There are a few short term (30 minute) car parking spaces by the level crossing if you wish to pick up or set down passengers. There is also long stay car park over the crossing and turn left. This commands a fee on a par with other port car parks and is secure, patrolled and fitted with cameras. As you can see, Fishguard station only has two trains each way each day. But there are alternatives.

**Haverfordwest** offers regular (two hourly) trains to Carmarthen, Swansea, Cardiff and stations to Manchester. The station is in Cartlett. You can drive there in about thirty minutes or catch a bus which takes about 45 minutes. It has a free car park which takes about forty cars, but is known to fill up. Return tickets from Fishguard are valid for return to Haverfordwest and vice versa. If picking up or setting down friends, you can drive right to the platform entrance.

**Clarbeston Road** is a third possibility. Trains from Haverfordwest call there about eight minutes after leaving Haverfordwest. But it is harder to drive to, and there is no car park.

Both stations have their own guides in this series.

#### Buses to Fishguard Harbour station serve:

410 Fishguard town service

#### Buses from Fishguard to Haverfordwest station:

411 via St Davids (Richards Brothers)  
412 direct – and to Cardigan (Richards Brothers)

#### Buses from Goodwick square

404 Strumble Shuttle for St Davids or Fishguard

For further details of bus times, consult the Pembrokeshire County Council bus timetable or phone one of the numbers on the back of this leaflet.

#### Taxi firms serving Fishguard

The following firms operate in the area:

|               |              |              |              |
|---------------|--------------|--------------|--------------|
| <b>AP</b>     | 01348 873774 | <b>Mervs</b> | 01348 875129 |
| <b>Larrys</b> | 01348 872088 | <b>Zugs</b>  | 07531 170807 |

Or text the word 'CAB' to 83222 to receive a text with the three nearest licensed cab numbers to your CURRENT LOCATION.

Fares - a complex subject. Here are some samples to give you an idea of how far you can go with your money. They are correct at the time of writing, but fares tend to increase each year in line with inflation

**Standard day returns** (out any train, back any train same day as far as Newport), Carmarthen £7.10, Swansea £11.20, Cardiff £18.60, Newport £22.20. A day return is usually not much more than a single.

**Saver returns** (not available on certain trains, just turn up, buy ticket and return within a month), London £71, Bristol £33, Manchester £64, Penzance £92, Glasgow £142.

**Advance purchase** (various schemes – like APEX, Advance Purchase Excursion) can reduce price of return ticket dramatically, London £30, Bristol £22, Manchester £26, Basingstoke £29, Penzance £37 and Glasgow £57. These are probably the cheapest prices you will get. Ask at station or travel agent and book well in advance naming the train(s) on which you will travel, though some seats will not be available until a few weeks before the date of travel.

Pembrokeshire Rail Travellers Association (see box below) can supply a four page booklet giving more detail on fares, or you can go and talk to your local travel agent or surf the net.

This guide was produced by the Pembrokeshire Rail Travellers Association (PRTA) who have done their best but accept no responsibility for the accuracy of the information it contains.

The PRTA is a voluntary group working to improve transport in the county. Members receive six newsletters a year and information on train times and fares. If you would like to help us try to improve rail services, you can join us by sending your name, and email address and £4 (all PRTA material comes by email) or postal address and £7 (all PRTA material comes by post) to our membership secretary: Robert Best, 11 Warwick Road, Milford Haven SA73 2LP.

For more information on the PRTA, for further/latest copies of this guide, see [www.pрта.org.uk](http://www.pрта.org.uk)

Please notify any errors with the guide to Peter at [taberna@inn01.freeserve.co.uk](mailto:taberna@inn01.freeserve.co.uk)

The PRTA has neither the expertise nor the resources to produce a Welsh language version of this guide. Should any reader wish to volunteer a translation, we will happily include it on the web site.

- Technical material edited by Pembrokeshire Rail Travellers Association -  
- Typing by Taberna Inn Publications (Serving You)! -  
- Downloaded from PRTA website -

## Bargains

The **Pembrokeshire Railcard** can save you money on train fares, especially local journeys. It costs £5, lasts a year and entitles you to a third off the cost of savers and day returns as far as Swansea. So you can get to Carmarthen and back in a day for £4.80 and Swansea £7.50. You can buy your card at Milford or Haverfordwest station or at Milford Travel. If you have no rail card of any kind yet you will need to take two passport photos with you. Otherwise take your existing rail photocard.

**Group Wales** allows a group of between three and nine people to travel out and back together at "25 percent off the full price ticket". Arriva allows it on *standard day returns* from Pembrokeshire (all day Saturdays and Sundays, and after 9am Monday to Friday). Each of the group could therefore travel to Cardiff and back for £13.95. Just ask on the day.

If you are over 60, a **senior citizen railcard** may help you. It costs £24 for a year, but if you live in Pembro you can claim back £12 from the County Council. It will give you a third off most tickets, but not Apex. Buy one from Milford or Haverfordwest station, Milford Travel or Council Offices at Haverfordwest or Llanion.

Other railcards which give a third off include **Young person's, Family, and Disabled persons railcard**.

If you travel out from Milford beyond Carmarthen, you can, should it prove more convenient return to Pembroke Dock and vice versa. This could be especially useful to those who start from Neyland.

For a train/walk day out, the **West Wales day ranger** costs £7.80 and allows you a day's unlimited travel (after 08.45 Mon-Fri, all day Sat/Sun) on all lines west of Carmarthen (to Milford, Pembroke Dock and Fishguard).

For small add-on to your rail ticket, **Plus bus** allows you 'unlimited' travel on buses in the area around your destination. The rules are all slightly different for each town, but plus-bus is available at Swansea, Neath, Port Talbot, Bridgend, Cardiff, Newport and Bristol. Phone Traveline Cymru on 0870 608 2 608.

For £6.60 adults and £4.40 children (£3.30 accompanied children) you can buy a **West Wales Rover ticket** which allows unlimited travel on buses (except 322) in Pembrokeshire, Carmarthenshire and Ceredigion for a day. Buy yours from the driver.

**And remember, everything can change at short notice, so please check times and fares before travelling.**