

Milford Haven

Lord Nelson, Hamilton Terrace, SA73 3AW
01646 695341
Email: lordnelson@sabrain.com
Website: www.sabrain.com

Large hotel dating from the time of Nelson, bars, dining room etc, now part of Brains chain.
Open: Midday to 11pm Sundays, 11am to 11pm Monday to Thursday, and 11am to midnight Friday and Saturday for Brains SA and Reverend James

Food: Midday to 9pm Monday to Saturday and midday to 7pm Sunday

Children: Welcome

Outside: Beer garden beside the hotel for 200 people – views over the marina.

Accommodation: 32 en-suite rooms

Special features: Very atmospheric historic hostelry with views over the haven, Pool table

Directions: Leave the station by the approach road. At the roundabout keep straight on, taking the pavement on the left hand side of the road up the hill as it curves round to the left. Once the road levels out a bit, the Lord Nelson is about 100 yds along on the left.

Milford Haven Bonus

Taberna Inn, Herbrandston, SA73 3TD
01646 693498
taberna@inn01.freeseerve.co.uk
<http://taberna.mysite.freeseerve.com>

Traditional style village Inn with separate bar, lounge, bistro and restaurant

Open: Midday till close, two guest ales sometimes three
Food: 12-2 and 6-9, traditional with local specialities. No food Sunday evenings October-March – Quiz instead!

Children: Well-behaved children welcome throughout

Outside: Small beer garden with picnic tables

Accommodation: Three bedrooms, not en-suite.

Awards: CAMRA Good Beer Guide 2009, Pembrokeshire Produce Mark, WTB One star Accommodation.

Special features: Owner is secretary of PRTA, and edits the Taberna Good Beer Guide in which Taberna customers determine their own best beers – 150 tested during 2007. Chat about beer and trains! Real ale, Real food, real crisps, real fire and real people to talk to. Live music last Thursday of each month, 9pm-ish

Directions: Catch bus (usually 316) from Tesco store by Milford station, and ask for Taberna (7 minutes ride), but check times first!

Important

- This guide was produced by the Pembrokeshire Rail Travellers Association (PRTA) who have done their best but accept no responsibility for the accuracy of the information it contains. Things change with time, and we will try and reflect the latest position on our website www.pрта.org.uk.
- It is only a guide. Please exercise responsibility if using it, take care on the road between station and pub, and drink safely!

Hints and tips

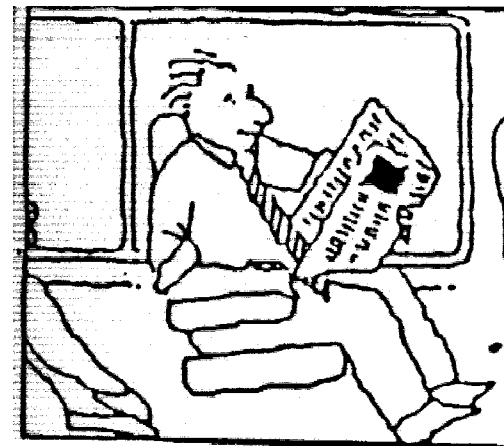
- Arriva pocket timetable 3 is a useful travel accessory.
- The West Wales day ranger ticket may be good value. It gives unlimited travel west of Carmarthen for a day for £7.80 (all day Sa/Su, after 08.45 M-F)
- If travelling on a Sunday, phone 08457 484950 to double-check train times.
- Opening times may vary summer to winter. It may be worth phoning ahead to check.

The PRTA is a voluntary group working to improve transport in the county. Members receive six newsletters a year and information on train times and fares. If you would like to help us try to improve rail services, you can join us by sending your name, and email address and £4 (all PRTA material comes by email)
or
postal address and £7 (all PRTA material comes by post)
to our membership secretary:
Robert Best, 11 Warwick Road, Milford Haven,
or woblats1@aol.com

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- Grateful thanks to all concerned -

HEART OF PEMBROKESHIRE

REAL ALE TRAIN TRAIL



*Get out of traffic
And into training!*

Real ale and railways go together like... real ale and railways. Pembrokeshire is no exception. The Pembrokeshire Rail Travellers Association is proud to present its Heart of Pembrokeshire real ale train trail in which we describe some pubs which serve real ale and are near railway stations, so you can partake of a pint or two without having to drive home afterwards. Or make a fortnight of it by staying at the pubs which offer accommodation!

Participating pubs

Whitland

Station House, St John's Street
01994 240556

Very well modernised town pub with several different areas in an open plan design. Low ceilings and comfortable leather suites, pool and TV.

Open: from 9am with a single real ale head.

Food: Wide selection of very reasonably priced food from 9am till 8pm, including all-day breakfast till 5pm, childrens' menu and traditional Sunday Lunch.

Children: welcome.

Directions: Leave the station from either platform at the east end. St John Street heads north from the level crossing. The Station House is on the first corner on the left hand side facing the station building. **1 minute.**

Clunderwen

Iron Duke, Station Approach
01437 563188

Family style pub built at the same time as the railway.

Open: 4pm to midnight.30 M-F, 11am to midnight.30 Sa, 11am to 11pm Su, with one real ale.

Food: 6pm to 9.30pm W to Su

Children: welcome until 9pm, later if eating

Outside: Beer garden

Directions: The pub is just behind the up side station platform (north of the railway). Hop off an eastbound train and there you are. From a westbound train it is a five minute walk up to the railway bridge, over the bridge and back down the other side. **1 or 5 minutes**

In reviewing pubs for this guide, we realise that we have included a very broad spectrum of different styles of pub. Some serve food, some do not, some welcome children, others do not. We hope we have given enough detail to ensure that there are no surprises, but if you find any, please contact Peter (Rail Guide editor) at the Taberna, full details alongside.

Clarboston Road

Cross Inn
01437 731506

Village pub with food offerings at certain times

Open: Midday to midnight or midnight.30 for Directors, Worthington and maybe guest ales

Food: Friday and Saturday nights and Sunday lunchtime

Children: welcome until 9pm

Outside: patio area at rear of pub with picnic tables and large gazebo.

Directions: Turn left at the eastbound station exit (turn left over bridge from westbound exit) past post office on the left, and Cross Inn is about 100 yds further on, also on the left.

Special Features: Olde-worlde style with Real open fire when it is cold. **4 minutes.**

Fishguard Harbour

Rose and Crown, Goodwick 01348 874449

A cosy and unspoilt pub above the harbour and above what was once Fishguard and Goodwick station. The hospitality of managers and staff is an outstanding feature.

Open: 11am to midnight.30, midday to midnight Sunday for Banks bitter, Marston's Pedigree and a variety of guest ales.

Food: Yes, separate dining area available

Children: welcome until 9pm

Awards: CAMRA good Beer Guide 2009

Special features: Quiet pub - lifeboat volunteers use the pub as a meeting place.

Directions: From Fishguard Harbour station, walk back along the approach road. At the two roundabouts, landward end of the road, turn back right over railway bridge. Pub is just on the corner on the left. **15 minutes**

Pembrokeshire Rail Travellers Association pioneered Real Ale Rail Trails back in the early nineties. After a break, we are now back! We have listed one pub near every station in Pembrokeshire, sometimes two. But you may know of, or even run a pub that you would like included in this guide next time. If so, please drop a line to Peter (Rail Guide editor) at the Taberna, Herbrandston, SA73 3TD, email: taberna@inn01.freerve.co.uk.

Haverfordwest

Pembrokeshire Yeoman, Hill Street, St Thomas Green, SA61 10F, 01437 762500

Friendly town pub, where everyone will say 'Hello'. You may even meet Graham, former Western Region fireman, based at Neyland, Old Oak Common, Whitland, etc.

Open: 11am to 11pm for Bass, Flowers IPA and two guest ales.

Food: Yes

Children: Welcome

Awards: CAMRA Good Beer Guide 2009

Special features: Pleasant conversation

Directions: The pub is at the top of a substantial hill. You will certainly feel like a pint when you get there. Go left down the station approach to the big roundabout, then straight on at the roundabout, which means crossing the Uzmaston Road, and the dual carriageway still facing County Hall, then slightly right and left into Victoria Place. Cross the river bridge and carry on up the hill into High Street. Just before the church, turn left into Market Street, then right into Hill Street. The Yeoman is on the right. **20 minutes**

Johnston

Windsor Hotel

Open: M, Tu 5pm-Midnight, W-Su Midday-Midnight, Bass and possibly one other

Food: Midday to 1.30pm and 6.30pm to 9pm when hotel is open

Children: Welcome

Accommodation: Yes

Special features: Friendly pub aimed at over-21s
Directions: Walk up station approach, turn right at main road, cross road at lights, carry on in same direction, across the Freystrop Road (Langford Road) past Virgo's chip shop, take left turn at the Doctor's Surgery and hotel is along there on the right. **10 minutes**

If you have enjoyed this Rail Trail, look out for the South Pembrokeshire Rail Trail leaflet, which lists pubs near stations on the line from Narberth to Pembroke Dock.