

## Trains to Pembroke Dock

### Monday-Sat'day

06.49 from C'then  
08.02 from S'sea  
10.02 from S'sea  
12.00 from S'sea  
14.02 from S'sea  
16.02 from S'sea  
18.02 from S'sea  
20.12 from S'sea  
22.02 from S'sea

### Sunday

15.42 from C'then  
18.11 from C'then  
21.20 from S'sea  
(18 minutes later from  
March 29<sup>th</sup>)

#### Weekend travel

At weekends, especially on Sundays, engineering work sometimes causes trains to be retimed, and occasionally a bus may be substituted for part of the journey. Please check with National Rail Enquiries 08457 48 49 50 or [www.nationalrail.co.uk](http://www.nationalrail.co.uk).

#### Buses via your station serve:

333 Bethany (Silcox)  
349 Bethany (First Cymru)  
356 Monkton, Bethany (Silcox)  
357 Monkton, Bethany (Silcox)  
362 Freshwater East and Angle Peninsula (Silcox)  
387 Freshwater East and Angle Peninsula (Silcox) Waterloo,  
Pembroke Dock (Silcox)

For further details of bus times, consult the Pembrokeshire County Council bus timetable or phone one of the numbers on the back of this leaflet.

#### Taxi firms serving your station

The following firms operate in the area:

Castle 01646 622440  
Pembroke 01646 685444

As you leave Manorbier station, there are about eleven minutes of your journey left, should you wish to phone for a taxi.

Or text the word 'CAB' to 83222 to receive a text with the three nearest licensed cab numbers to your CURRENT LOCATION.

## How to catch the train

- The station is at the East end of the main street, just under the railway bridge, on the right.
- It has two car parks, one very obvious, opposite MDL autos, the other more concealed, just a little further east, accessed by a broad road, which broadens further into an area which is far less used, but gives access directly onto the station platform, without negotiating any steps.
- Most buses stop in the main street outside the hotel (leave the station, turn left, go under the railway bridge, straight across the mini roundabout to the main street, where the bus stop is on the right), but the inbound 349 stops outside the station.
- There is no ticket office at the station.
- You can buy a ticket for your whole rail journey in advance or from the conductor on the first train you catch.
- The booking office at Haverfordwest station is open from early morning until lunchtime on weekdays, and can supply advance purchase tickets.
- Milford Haven station ticket office is open  
**Mon-Fri:** 6.45-7.15, 8.30-11.30, and 12.30-15.30  
**Sat:** 6.45-7.15 and 8.30-11.30.
- Rail agents, Milford Travel in Charles Street, Milford and Activity Wales, Narberth Road, Haverfordwest can also make advance bookings for you, or you can use the internet.
- At Lamphey, Manorbier, Penally, Saundersfoot, Kilgetty, Narberth, Ferryside, Kidwelly and Gowerton trains only stop by request. If you want to leave the train at one of these stations, let the guard know when you start your journey. If you want to board the train at one of these stations give a hand signal to the driver in good time, as the train approaches.

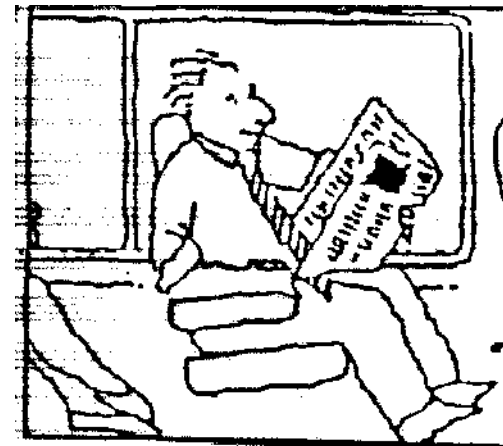
#### Useful telephone numbers and web sites

National Rail enquiries 08457 48 49 50  
[www.nationalrail.co.uk](http://www.nationalrail.co.uk)  
Arriva Trains Wales 0845 606 1650  
[www.arrivatrainswales.co.uk](http://www.arrivatrainswales.co.uk)  
Pembrokeshire County Council for local bus information 01437 764551  
Traveline for other bus info 0870 608 2 608  
First Cymru 0870 608 2608  
[www.firstgroup.co.uk](http://www.firstgroup.co.uk)  
Activity Wales, 01437 766888  
Silcox buses 01646 683143  
[www.silcoxcoaches.co.uk](http://www.silcoxcoaches.co.uk)  
Richards Brothers 01239 613 756  
[www.richardsbros.co.uk](http://www.richardsbros.co.uk)  
Midway motors 01239 831 267  
Jones motors 01437 563 277

# PEMBROKE RAIL GUIDE

Winter 2008/9

14<sup>th</sup> December 2008 - 16<sup>th</sup> May 2009



*Get out of traffic  
And into training!*

Your railway now has an excellent, regular interval train service giving access to the UK rail network. Every two hours you can catch a through train to Carmarthen and Swansea. A single change will get you to many other useful places such as London or Manchester. A second change will take you almost anywhere in the UK. It is probably a lot faster than you think, and cheaper than the papers would have you believe. Nine trains a day serve your station. Inside this brief guide, you will find all the details.

## Trains to Swansea

### Monday-Sat'day

07.13 to Swansea  
 09.13 to Swansea  
 11.13 to Swansea  
 13.13 to Swansea  
 15.13 to Swansea  
 17.13 to Swansea  
 19.24 to Cardiff  
 21.13 to Swansea  
 22.30 to C'then

### Sunday

16.13 to C'then  
 19.13 to Hereford  
 22.13 to C'then

All trains run to Swansea, unless shown, and normally call at *Lamphey, Manorbier, Penally, Tenby, Saundersfoot, Kilgetty, Narberth, Whitland, Carmarthen, Ferryside, Kidwelly, Pembrey and Burry Port, Llanelli, and Gowerton.* (Stations in italics are request stops.)

If you want an earlier departure, or a later arrival, and you are driving to the station anyway, you may find it faster to drive to Milford Haven station, where the first train leaves at 06.05 (Mon-Fri) and the last one arrives back at 00.12

By changing once or twice, access to most of the UK is yours, and changing trains is usually straightforward.

For	Change at
Heart of Wales line	Llanelli
Hereford, Shrewsbury, Crewe and Manchester	Carmarthen
London	Swansea
Bristol, Salisbury, Portsmouth, Birmingham and North Wales	Swansea and Cardiff
South West England	Swansea and Bristol Parkway
North East England	Swansea and Bristol Parkway
Scotland and North West England	Carmarthen and Crewe
South East England	Swansea and London

### Typical journey time to:

- Carmarthen	73mins	- Portsmouth	6hrs 34mins
- Swansea	2hrs 10 mins	- Carlisle	8hrs 17mins
- Cardiff	3hrs 09mins	- Newcastle	9hrs
- Newport	3hrs 24mins	- Penzance	8hrs 37 mins
- Cardiff Airport	3hrs 54mins	- Glasgow	9hrs 32mins
- Bristol	4hrs 04mins	- Edinburgh	10hrs 14mins
- London	5hrs 13mins	- Aberdeen	14hrs
- Heathrow	6hrs	- Inverness	15hrs
- Manchester	7hrs		

**Currency of information:** Under an EEC directive, a new train timetable is produced each June and December. In the UK, times of trains generally change in May (for summer) and September (for winter)! Today's general service pattern is franchised until October 2018. But from time to time there will be detail changes. The latest version of this leaflet will be on the PRTA website at [www.pрта.org.uk](http://www.pрта.org.uk) from where you can print a copy. Always check train times with National Rail before you set out.

## Sample fares

Fares - a complex subject. Here are some samples to give you an idea of how far you can go with your money. They are correct at the time of writing, but fares tend to increase each year in line with inflation

**Standard day returns** (out any train, back any train same day as far as Newport), Carmarthen £7.10, Swansea £11.20, Cardiff £18.60, Newport £22.20. A day return is usually not much more than a single.

**Saver returns** (not available on certain trains, just turn up, buy ticket and return within a month), London £71, Bristol £33, Manchester £64, Penzance £92, Glasgow £142.

**Advance purchase** (various schemes - like APEX, Advance Purchase Excursion) can reduce price of return ticket dramatically, London £30, Bristol £22, Manchester £26, Basingstoke £29, Penzance £37 and Glasgow £57. These are probably the cheapest prices you will get. Ask at station or travel agent and book well in advance naming the train(s) on which you will travel, though some seats will not be available until a few weeks before the date of travel.

Pembrokeshire Rail Travellers Association (see box below) can supply a four page booklet giving more detail on fares, or you can go and talk to your local travel agent or surf the net.

This guide was produced by the Pembrokeshire Rail Travellers Association (PRTA) who have done their best but accept no responsibility for the accuracy of the information it contains.

The PRTA is a voluntary group working to improve transport in the county. Members receive six newsletters a year and information on train times and fares. If you would like to help us try to improve rail services, you can join us by sending your name, and email address and £4 (all PRTA material comes by email) or postal address and £7 (all PRTA material comes by post) to our membership secretary: Robert Best, 11 Warwick Road, Milford Haven SA73 2LP.

For more information on the PRTA, for further/latest copies of this guide, see [www.pрта.org.uk](http://www.pрта.org.uk)

Please notify any errors with the guide to Peter at [taberna@inn01.freeserve.co.uk](mailto:taberna@inn01.freeserve.co.uk)

The PRTA has neither the expertise nor the resources to produce a Welsh language version of this guide. Should any reader wish to volunteer a translation, we will happily include it on the web site.

- Technical material edited by Pembrokeshire Rail Travellers Association -  
 - Typing by Taberna Inn Publications (Serving You)! -  
 - Downloaded from PRTA website -

## Bargains

The **Pembrokeshire Railcard** can save you money on train fares, especially local journeys. It costs £5, lasts a year and entitles you to a third off the cost of savers and day returns as far as Swansea. So you can get to Carmarthen and back in a day for £4.80 and Swansea £7.50. You can buy your card at Milford or Haverfordwest station or at Milford Travel. If you have no rail card of any kind yet you will need to take two passport photos with you. Otherwise take your existing rail photocard.

**Group Wales** allows a group of between three and nine people to travel out and back together at "25 percent off the full price ticket". Arriva allows it on *standard day returns* from Pembrokeshire (all day Saturdays and Sundays, and after 9am Monday to Friday). Each of the group could therefore travel to Cardiff and back for £13.95. Just ask on the day.

If you are over 60, a **senior citizen railcard** may help you. It costs £24 for a year, but if you live in Pembro you can claim back £12 from the County Council. It will give you a third off most tickets, but not Apex. Buy one from Milford or Haverfordwest station, Milford Travel or Council Offices at Haverfordwest or Llanion.

Other railcards which give a third off include **Young person's, Family, and Disabled persons railcard**.

If you travel out from Milford beyond Carmarthen, you can, should it prove more convenient return to Pembroke Dock and vice versa. This could be especially useful to those who start from Neyland.

For a train/walk day out, the **West Wales day ranger** costs £7.80 and allows you a day's unlimited travel (after 08.45 Mon-Fri, all day Sat/Sun) on all lines west of Carmarthen (to Milford, Pembroke Dock and Fishguard).

For small add-on to your rail ticket, **Plus bus** allows you 'unlimited' travel on buses in the area around your destination. The rules are all slightly different for each town, but plus-bus is available at Swansea, Neath, Port Talbot, Bridgend, Cardiff, Newport and Bristol. Phone Traveline Cymru on 0870 608 2 608.

For £6.60 adults and £4.40 children (£3.30 accompanied children) you can buy a **West Wales Rover ticket** which allows unlimited travel on buses (except 322) in Pembrokeshire, Carmarthenshire and Ceredigion for a day. Buy yours from the driver.

**And remember, everything can change at short notice, so please check times and fares before travelling.**